

Hospice
cares for
people in
any place
they call
home

Hospice
Awareness Week
16 - 22 May 2022



www.hospicetairawhiti.org.nz

From the desk of general manager - Barbara Grout

Hospice Awareness Week is an opportunity to profile and celebrate the work hospices do every day all around New Zealand caring for people with life-limiting illnesses and their whānau.



Barbara Grout - general manager

While community needs shape the way services are delivered in each area, we all share the same common goal – that everyone in our community has access to quality end of life care. I would like to thank the Mill

and Utting whānau for sharing their personal stories with you all. I hope their generosity in sharing gives you a better understanding of how hospice services are delivered in Tairāwhiti and the difference we can make for both patient and whānau.

The past year has certainly brought numerous challenges for our entire community, Hospice included. Like many of you, we have had to manage lockdowns, restrictions in services, understaffing, and financial concerns, all while trying to provide the care and support our community so needs and deserves. I would like to pay tribute to our team, particularly the nurses and doctors, who have worked and continue to work tirelessly under extraordinary conditions to make this happen. Our fundraising ability has been severely affected over the past two years, and it's times like this we need our community's support more than ever. While hospice services are provided free of charge to those using them, they do cost. With funding from the District Health Board contributing around 70% of our annual costs we still need to raise over \$400,000 from the community each year to keep our service running. We know times are hard for everyone so if a donation isn't an option for you, you can help by supporting our Hospice Shop by either shopping or donating good quality saleable items. Don't

forget to drop in during Hospice Week to enjoy a cuppa and some home baking at our Pop-Up Café.

At the end of 2021 we were delighted to move into our new purpose-built facility. While there are still some finishing touches to be made before we have our grand opening, our patients and staff are already reaping the benefits from the additional space. While the building is certainly important and is the base from which we provide and grow our future services, it is important to remember that hospice is not a building but a philosophy of care – our people and expertise are the true essence and strength of Hospice Tairāwhiti. In a year of uncertainty and challenges, we are proud of what Hospice Tairāwhiti has achieved, and the care and services we have provided to the people of Tairāwhiti. We acknowledge that none of this would have been possible without the tireless work of our staff and volunteers, and the support of the community. Thank you so much for your support. 🍌

Who's who at Hospice Tairāwhiti

Board of Trustees:

Jane Williams (chair), David Ure (deputy chair), Glenda Stokes, Tina Swann, Daryl Keast, Nigel Campbell

General Manager:

Barbara Grout

Hospice Doctors:

Dr Anna Meuli (medical lead), Dr Laura Gilding, Dr Sarah Callaghan, Dr Robin Briant

Clinical Nurse Specialist:

Joy Cairns

Palliative Care Nurse Liaison (ARC & Rural):

Linda Hauraki

Community Hospice Nurses:

Elke Saeys (team leader), Jude Francis, Julie Abrahams, Hannah Torrie, Summer Battisti, Clare Aitcheson (Laura Robertson & Jayda Taiepa on parental leave)

Family Support Coordinator:

Rochelle Walker

Administration:

Kama Laing, Nikki Archdale

Education Coordinator:

Clarice Alderdice

Volunteer Coordinator:

Jane Kibble

Marketing & Fundraising Coordinator:

Kj Danielle

Hospice Shop Manager:

Brenda Kinder

Assistant Shop Manager:

Jacqui Ritchie, Carolyn Grandiek

Hospice Tairāwhiti is supported by over 160 volunteers

Cloak of compassionate care

Hospice Tairāwhiti now has a new name to accompany its new home.

The name, Te Kahu Pairuri o Te Tairāwhiti has come out of extensive consultation by Hospice New Zealand with the wider community.

Te Kahu Pairuri o Te Tairāwhiti has come from Professor Timoti Karetu (Tuhoe and Ngāti Kahungunu) who was the first Māori language commissioner of Te Taura Whiri i te Reo Māori (the Māori Language Commission). The professor considered the conceptual translation of Hospice New Zealand and

recommended a name that would reflect the purpose of Hospice.

The meaning of the new name translates as the cloak of compassionate care. Pairuri is about concern and care or compassionate care, and kahu reflects a practical serviceable garment (cloak).

Hospice Tairāwhiti board member and chair of the Māori Advisory Group Tina Swann said the name captured the essence or mauri of Hospice. "It also embodies what Hospice represents and the philosophy of care for patients and whānau during their difficult journey." 🍌



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Missed every single day

The late Whare 'Bunkum' Mill loved company. He was a dedicated family man and all those who helped look after him over the years had plenty of time for the charismatic man.

His wife Katerina says he was a happy person, a bit of a clown and a jokester, a talented musician, and an absolute joy to be around. His health problems began just 10 years into their marriage with blackouts at work. "Then he would come right and go back to work," she says. "His zest for hard work and family no doubt masked any underlying health issues." Raised in Te Araroa, Whare's first job was truck driving for East Coast Transport, doing the cream run from Hicks Bay to the Ngāti Porou Dairy Factory in Ruatorea. Later, he also drove in Wellington and Napier.

Whare and Katerina settled in Hastings where they raised their two children while enjoying a 14-year stint at the local freezing works. He started having seizures which doctors diagnosed as epilepsy and the family learnt to deal with it.

In 1986 the family moved to Australia, making the most of their time there with many happy memories, but Whare became more unwell and they moved home to Gisborne in the early 1990s.

Katerina felt it was time for him to stay home. Their two children were grown and she worked with Te Runanga o Ngāti Porou, and then later the Well Child Team at Tairāwhiti District Health.

"Whare was really a wonderful man. A fantastic husband, father and cook . . . he could do everything. It did bug him being at home but there was a lot of value in him being there."

In his seventies he started to "wobble around" a bit. He had prostate cancer and

complications from that, as well as heart problems.

They bounced between Waikato and Gisborne hospitals, as well as the Cancer Society's Lions Lodge in Hamilton.

"Over the years he must have gone through every service and they were all excellent." In 2016, Katerina gave up work to look after Whare full time. They sold their big home and moved to something more manageable.

Hospice Tairāwhiti became involved with the family in 2019. Katerina has a meticulously kept diary of every single thing that related to Whare.

"We had all the services coming in but things were getting very difficult for me to handle – I was getting run ragged despite good whānau support."

Whare went into respite care to give Katerina a break. "He was so social and knew a lot of people, so was happy going into care. He just loved being around people."

It soon became apparent that nothing more could be done. His heart was playing up, his prostate was still a problem and the seizures had increased considerably. "Having Hospice involved gave us a sense of relief. They ensured we had a continuation of the services we had been receiving and they all worked together as a real team."

In March 2021 Katerina and Whare reluctantly agreed that he needed to be admitted into Te Wiremu House. "It just got too much. I needed to make sure they knew what was going on and that he was getting



Katerina and Whare Mill. Photos supplied



the right care. I spent every day with him." Hospice had stepped back but were still very much involved, ringing Katerina to check on her, and popping in to see Whare too. "They were just marvellous. They really got to know him and became a part of his crew. They had a real rapport with him

and we both felt they had our backs. I knew I could call them night or day and someone would come," she said.

"It was hard work caring for my husband but not once did I hesitate. I had so much love for whare and wanted to give him my all."

Whare loved to go home for outings and occasionally he would stay a night. "He loved coming home to his nice soft bed."

Katerina says the biography service provided by Hospice Tairāwhiti was a real treasure for the whole whānau. "Everyone loves the bio and he really enjoyed doing it. All the kids have read it and ask 'is that what really happened Nanny?'. They think it is a novel but it was real life. It is such a special thing to do."

Whare and the Hospice volunteer biographer got on like a house on fire. When Janine would call by to gather more information for the final book, out would come the ukulele, or a jar of coins, with each one carrying a special story. "I would sit back and enjoy listening too. He always wanted to tell a story and I am so glad he took that opportunity to do that. I am so grateful for it. The people involved with Hospice are so special to us."

Sadly, Whare passed away at Te Wiremu House in June 2021. He had been there just under three months.

After he passed, Katerina was invited to the Hospice Tairāwhiti remembrance service. "I had been feeling so flat. Suddenly there was nothing . . . and then these angels turned up and invited me to the service."

Hospice continue to check in with Katerina. "They are like extended whānau now." She is grateful the whānau were able to take Whare home to Hinerupe Marae for his tangi. Katerina and Whare had not long celebrated their 52nd wedding anniversary. "I miss him every single day." 🍌

Tauti mai ki te mahau o te aroha

Hospice Tairāwhiti

warmly invite you, your whānau and friends to join us in a

Time of Remembrance

Where: Hospice Tairāwhiti

When: Thursday, 19 May 4pm

**Due to current restrictions numbers are limited.
Please RSVP to admin@hospicetairawhiti.org.nz or 869 0552
Masks are required**

Please join us for light refreshments after the service

This occasion is open to the community, not only those who have had an association with Hospice



Gate 2, Gisborne Hospital,
421 Ormond Road
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Email: enquiries.gis@cancercd.org.nz
www.cancer.org.nz



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www.opd.co.nz



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Ph: 06 863 3636
www.kiritekanawa.co.nz



Opp. Taruheru Cemetery
Nelson Road
06 867 1800
Email: info@stonehaven.nz



232 Gladstone Road
Ph: 06 867 1291



Peel Street
Ph: 06 868 8015

Team work in sync

It's all about teamwork with the clinical crew at Hospice Tairāwhiti. When patients and whānau are supported by Hospice they are likely to see most of the team over a period of time.

The doctors and nurses work closely together with regular review and update on the care of all of their patients. "The majority of the work is done by the nurses," says medical lead Dr Anna Meuli. "They are the ones who see patients on a regular basis, build the relationships and are available for urgent matters 24 hours a day."

Anna has been working within Hospice for five years but only recently taken on the medical lead. The team comprises Anna, Dr Laura Gilding and Dr Sarah Callaghan – all three come from a GP background – with long time Hospice supporter Dr Robin Briant the locum. "She is our super sub," says Anna. All of the doctors are part-time.

"It's important for the whole team to be able to debrief on patient care particularly where we have found challenges," Anna says. "We are continuously reviewing care based on our patient visits and in collaboration with other community health services. While we have weekly structured multi-disciplinary team meetings, we also have daily informal discussions to ensure that the patient and whānau are getting optimal care."

Some families are struggling before the clinical team at Hospice even gets involved. Elke Saeys, team leader for community Hospice nurses, says stresses within a family can also make patient care more complex. "Some patients and whānau face challenges that are particularly difficult," says Elke. "The challenges can be around symptom management, family dynamics, financial hardships and more."

"Working with other community health care services is very important. A lot of time goes into coordinating, connecting, and following up with services, like district nurses, occupational therapists, oncology teams, and GPs, among others." COVID-19 restrictions had been challenging with more contact done by phone, and shortages within community support services due to illness and isolation. However, the clinical team put a plan in place to ensure the small nursing and allied health team – comprising a single full-time nurse, seven part-time nurses, and a family support co-ordinator – continued to offer free hospice services to the wider Tairāwhiti region. Those services included providing support to aged-care residents and others in rural areas.



Leading the charge . . . nurse team leader Elke Saeys (left) and medical lead Dr Anna Meuli.
Photo by The Black Balloon

Jude Francis who has been a community nurse for more than 20 years says the support of the whole team is critical. "Aside from the sometimes challenging situations, it is the most uplifting job," she says. "We are experiencing the very best of what working within a team is about. I find it so uplifting when you see how much the team cares for each other and the patients. Everyone on the team has incredible strength to draw on."

Dr Moira Cunningham, who recently stepped back from Hospice work, highlighted in her farewell speech how special the team culture was when she said the one common feature that everyone brought to the job was kindness, particularly kindness to patients and family with true empathy. 🍌



Clarice Alderdice Photo by The Black Balloon

It is exciting – and perfect timing in the current environment – to transition the Hospice Tairāwhiti Education Programme to a blended approach using a combination of on-line and in-person learning.

"While the importance of face-to-face delivery is recognised, the newly introduced online component to palliative care in our learning programmes is great to see," said Clarice Alderdice, education coordinator for Hospice Tairāwhiti. "The online approach increases accessibility to high quality education for Tairāwhiti health care professionals and carers."

Education programmes moving with times

"Offering online education means we can reach our healthcare partners up the coast without them leaving their communities. In addition, online sessions now give the learner flexibility about when they participate."

One of the exciting changes is to the monthly Breakfast Session Palliative Care Lecture Series offered by Hospice. By partnering with Mobile Health, sessions are offered via webinar, meaning the lecture series can now be accessed by anyone with a smart device from anywhere. Previous lectures can also be accessed. This change has increased the audience nationally by over 100%.

The Syringe Driver Competency course is a good example of blended online and in-person learning. The course is delivered online in conjunction with Hospice Waikato, who developed the module using Hospice New Zealand resources. Once participants have completed the online component, they move to hands-on training using syringe driver devices.

The biggest change to Hospice's education programmes occurred with the roll-out of the new blended learning Fundamentals of Palliative Care Programme. This programme is designed for any healthcare worker looking after people with palliative care needs.

It provides the learner with a broad overview of how to provide palliative care to people in their last days of life. The programme is delivered via a blended model of learning, comprising five online modules followed by a one day in-person workshop.

Clarice is excited about using a blended approach to learning. "We hope this new blended approach will go a long way in increasing the capability and capacity of our region's healthcare professionals and carers in the delivery of quality palliative care. Certificates awarded to participants who have successfully completed the programmes attest to the knowledge and skill level gained in the blended model of learning." 🍌



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Strength from support

Jane Utting calls Hospice Tairāwhiti her angels. "They really were," she said. Jane lost David, her beloved husband of 49-and-a-half years, in July 2021. It had been a tough nine months. David was diagnosed with prostate cancer so they decided to move from their Coromandel home to Gisborne to be closer to their daughter Tracy and her family.

"Tracy was very close to her father, and she offered to help me care for him," said Jane. When David was diagnosed, he didn't even have any symptoms and had a check-up at the prompting of his younger brother. "He was a marathon runner, so was fit and healthy in his retirement."

But by the time it was discovered, it was too late to operate. It was through his lymph nodes, spine and bones. His PSA readings were more than 20 times higher than they should have been and he was told he probably had just three years to live. Without the proffered chemotherapy and radiation that would be severely shortened.

"I remember driving home from the hospital and he just never said a word. He was so white. I think he was in shock."

They put their house on the market and moved to Gisborne in November 2020 but it wasn't long before David started behaving strangely. "He would say odd things and be really vague. We thought it was the cancer but then he started driving strangely and wouldn't be able to remember simple things."

Another trip to the doctor revealed the 71-year-old had the heart rate of a 35-year-old and he passed the physical with flying colours. His memory test was also near perfect. "As a precaution they decided to do a scan on his noggin," remembers Jane. It was booked for early the following week but that night he started vomiting. "It was black blood like coffee grounds. It was awful."

He was eventually admitted to hospital and they scanned both his stomach and head on the same day. He had given himself an ulcer

because he was so worried, but the worst news was still to come. He had glioblastoma multiforme (GBM) with a tennis ball-sized brain tumour, and 10 days later they operated to remove it. "They said it was a one in 10 million chance of a patient having two such aggressive cancers at the same time that were unrelated."

Jane and Tracy had a crash course in how to deal with seizures and sundowning, a condition that makes people restless through the night, when David would think 2am was breakfast time, an hour later a chance to walk the dog along the boardwalk, and frequent hallucinations. Both women were getting increasingly exhausted.

And that is when Hospice Tairāwhiti arrived. "If I didn't have the Hospice doctors and nurses, neither of us would be here. They saved my life, those girls," she said. "They swept in with everything we needed – a bed with sides, a walker, and all sorts of other things. They cared . . . and they cared for me as much as David. I had a number I could ring day or night, and they came whenever I needed them."

She was hesitant to bother them too much but knew when she needed that crucial extra help. She was starting to get unwell too and struggling to cope with the 24/7 demands.

It was Hospice who helped get him into respite care at Kiri Te Kanawa where he stayed from late May until he died on July 14. "Even after he passed, Hospice have continued to be involved. They have called by with shortbread just to check in on me. It is incredible."

In between hospitals, doctors and low periods, there came a very special high, with Hospice volunteer Annie Meredith working



David Utting with his wife Jane and daughters Nikki and Tracy just before he headed into theatre to have his brain tumour removed. Photo supplied

with David to write his biography. "It is just so special – how many people get a chance to do that? That was one of the only positives out of this horrible journey."

Jane has moved from Tracy's house into her own home and gathered a whole new group of friends. When she is back on her feet, she plans to volunteer for Hospice.

"I wouldn't be here without that support I got from them. They are lifesavers. They weren't like medical specialists – even though they were . . . they were just comforting. They are my angels."

Tracy, who shared her father's love of running, did a 24-hour challenge with other runners to raise more than \$4000 for Hospice Tairāwhiti. "We couldn't have gotten through that time (with Dad) without Hospice Tairāwhiti," said Tracy. "They were perfect." 🙏

the big picture

30% of people referred had a non-cancer diagnosis, the most common being cardiovascular and respiratory conditions

85% of people cared for lived in the city and 15% rurally

217

people and their whānau received care and support from hospice

48% of people died at home

28% in aged residential care and 24% in hospital

89% of people were able to die in their place of choice.

Hospice provided 133 hours of professional education sessions with attendance numbers of 773

Staff and volunteers made 5,984 visits to people under our care and their whānau

38%

of people referred identified as Māori

Hospice nurses responded to 502 after-hours calls

Volunteers gave 16,238 hours of their time

These figures are based on year ended 30 June 2021

Extra hands always welcome

It's no surprise to those who know Marion Gibson that she's a regular volunteer at the Hospice Shop.

She nursed her whole life, helping others when they needed it most, so it made sense to her in her retirement years to turn to an organisation that does the same. She's been helping at the shop since it opened in 2013 and would love to see others step up and do the same. "We are very short of helpers in there at the moment," says Marion. "I think I could very easily sit at home – it would be easy, but you have to keep active and doing this is benefiting those who are sick in the community and need our support. It is nothing to give up a few hours here and there . . . I am a bit old-fashioned though."

Marion does two mornings a week at the shop. It's her job to empty the bags of

donations and sort them out for the next stage. "We do see some really lovely things come through. It can be a bit like a lucky dip, and it's not always clothes in the bags; there could be all sorts of things mixed in there."

And there's always a bargain to be had. "I think everything is reasonable in there," she says. "You could go in and spend \$60 and get your wardrobe for a year."

Marion turned to Hospice for help in helping to look after her husband Kevin so she could keep him home until he passed away. "We have had other family members use Hospice too. They really are a wonderful service. They



Marion Gibson

Photo by The Black Balloon

used to ring up to see how we were doing and if we needed anything they would be right there. They are all so friendly and cheerful – it's not an easy job but they do it with such kindness." 🍌

Plenty of goodies at Hospice Shop



Hospice Shop

Photo by The Black Balloon

Size doesn't really matter when it comes to the Hospice Shop. Three years after the shop first opened building owner Michael Muir offered Hospice Tairāwhiti the opportunity to extend the premises into the space next door for a year - that was five years ago.

"It was incredibly generous of Michael to support Hospice in this way," said Hospice Shop manager Brenda Kinder. "It's been amazing to be able to increase the floor space like this. The additional space allowed us to accept large furniture donations, such as beds, bedside cabinets, tables, chairs and lounge suites which have been popular with our customers."

With the shop's floor space reverting back to its original size earlier this year the larger

items will no longer be accepted for donations. However, that doesn't mean the quality of the second-hand goods for sale will be compromised but rather the range of larger furniture items will be reduced. Even with the reduced floor space an extensive range of products are still on offer because the donations haven't stopped.

Brenda says there is an extensive range of quality second-hand goods still being processed and moved onto the shop floor more quickly than ever.

The behind-the-scenes jobs of sorting, cleaning and preparing donated items for sale won't change. What will change is how the existing floor

space will be used and how the products will be displayed. Brenda sees the reduced floor space as an opportunity for volunteers to be creative and think outside the box.

"We just have to be a lot more mindful about how and where the products are stored and where we place the products in the store."

Volunteers are up for the challenge and are already devising ways to present the products that highlight the quality of the goods.

Displaying the products will be made easier with the arrival of new shelving units.

"It's still our usual range of good, quality second-hand merchandise."

The sales from the second-hand goods help fund the cost of providing palliative care, free of charge, to the Tairāwhiti community. 🍌

Pop-up Cafe

HOSPICE SHOP

66 Peel Street

17 - 19 May
10 am - 2 pm

Hospice Awareness Week

The Pop-Up Cafe is supported by:



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Manaaki Mats a valuable alternative

Long term Hospice Tairāwhiti supporter Aratu Forests saw first-hand the support the organisation gave to one of their colleagues who passed away last year after a short illness. So when the opportunity arose to be part of the innovative introduction of Manaaki Mats to Hospice, they didn't hesitate.

Manaaki Mats give whānau an alternative option to having their loved one embalmed. End of life doula and Hospice volunteer Annie Meredith says the mats are dry ice packs, filled with polymer gel and used to keep a deceased person cool. They start as flat sheets and expand when activated in water.

said Annie. "Most people are happy for the funeral directors to take over. There are times when embalming is needed like when a body is being repatriated to another country, but if the death is straightforward, it is possible to have this as an alternate."

The key is being prepared and understanding how to use the Manaaki Mats. "With Hospice patients, the death is expected, which gives the gift of being prepared and having time to explore the options."

Annie previously worked with a family who lost a baby and did not want the child embalmed or sent away for autopsy. "They just wanted to bring him home and cuddle him," said Annie,

"and the Manaaki Mats allowed them to do that."

Now those same mats are gaining favour at the other end of life.

A whānau will have a set of 18, complete with a small portable freezer. Six mats, which are encased in plastic and a cloth bag, are used at a time and changed every six hours. After use, they are cleaned and blessed. Some families choose to keep the mats or purchase their own.

"These are a more natural, environmentally-friendly and affordable alternative to chemical embalming," says Annie. "Certainly, using Manaaki Mats isn't for everyone, but this gives people options to suit their own whānau, culture or beliefs."

Annie says the kind

donation from Aratu Forests means Manaaki Mats are now an option for families involved with Hospice Tairāwhiti.

Aratu chief executive Neil Woods says they saw the mats as an innovation that would be a useful addition to Hospice's kit of services. "We particularly liked that the mats could be provided to those who chose not to go down the chemical embalming path," said Neil. "Aratu has experienced first-hand the value of Hospice Tairāwhiti. The Hospice staff stepped in last year and offered medical help, compassion and a dignified passing for a colleague that helped considerably with the grieving process for the family and our staff. Having an organisation locally that can help

take some of that burden off families is very valuable and we look forward to continuing our support."

Anyone keen to know more about the Manaaki Mats is welcome to a community introduction talk to be held at Hospice. To register your interest, email clarice.alderdice@hospicetairawhiti.org.nz.

An introductory talk to Manaaki Mats will be held on the 26th May in the Education Room at Hospice Tairāwhiti from 1-2pm.

To register please email... clarice.alderdice@hospicetairawhiti.org.nz



Offering people an alternative option . . . the Manaaki Mats were bought through a donation from Aratu Forests, whose chief executive Neil Woods (centre) is pictured with Aratu kaitakawaenga (community liaison) Jody Walters and Hospice Tairāwhiti volunteer and end of life doula Annie Meredith. Photo by The Black Balloon

"These freeze at a lower temperature than normal ice and stay colder for much longer," says Annie. "They don't release moisture as they defrost either, which is one of the main reasons whānau choose to use them. It really is a safe, simple and effective way to care for the tūpāpaku at home after death, allowing families to undertake deathcare themselves." They came to the notice of Hospice Tairāwhiti in early 2021 when the Clapham family used them at home so they could manage the deathcare of their much-loved husband, father and grandfather Mark.

"Hospice nurses were intrigued to see them used and I was brought in to help source them and show them how they are used,"

In case you wondered...

What is hospice palliative care?

To palliate means to ease the symptoms of an illness where the illness itself cannot be cured. Hospice or palliative care is specialised care for patients who are terminally ill, enabling them to achieve the best possible quality of life during the final stages of their illness. The service includes family support and grief and bereavement care.

Where is hospice palliative care provided?

In the Tairāwhiti region, hospice palliative care is provided at home, in rest homes, and in hospital. Gisborne Hospital has a special palliative care unit.

How can I get referred for care?

Patients should be referred by either their GP or specialist doctor.

When can I be referred?

Patients can be referred when they have reached a palliative stage in their illness, where the focus of treatment is on symptom control, comfort and quality of life rather than cure.

How does it benefit the patient?

- Your pain is managed and symptoms controlled
- You receive emotional and spiritual support
- Your quality of life in the final stages is enhanced
- You get personalised care

How does it benefit family and friends?

- You feel a part of the team caring for the patient
- Your needs as a carer and individual are supported
- You have access to bereavement and counselling services

Do you have to pay for palliative care?

All services are free to patients, family and whānau.

How is Hospice Tairāwhiti funded?

The Tairāwhiti service is approximately 70% funded by the District Health Board and supplemented by the generosity of the community through individuals, groups, trusts and foundations. Each year we need to raise over \$400,000 to provide our current level of service.

Hospice Tairāwhiti is a full member of Hospice New Zealand



Zac Derek Smith

Running for a reason

Donations come in many ways, including running a half marathon. Just ask John Smith who is raising money for Hospice Tairāwhiti to say thank you for the support his father Zac (Derek) and the family were given by Hospice.

"My father passed away December 19, 2021," said John. "I want to say a massive thank you to Hospice for making my father's wish of a family holiday come true." So he is running the Mount

Maunganui Half Marathon in memory of him and in the hope of helping to make another patient's wish come true. If you'd like to support John and Hospice Tairāwhiti, go to <https://givealittle.co.nz/fundraiser/run-for-a-reason>.

If you'd like to donate in other ways go to <https://www.hospicetairawhiti.org.nz/get-involved/make-a-donation/>.

Working together for better

Gisborne gained a huge community supporter as well as a lovely big Mitre 10 store when Geoff and Carolyn Taylor moved to town.

The couple were keen to become business owners and two years ago opened the Gisborne Mitre 10 store. Geoff, born and bred in Hawkes Bay, saw that there wasn't a Mitre 10 in town so decided to leave the corporate world as the chief executive of a national business to make a difference at a local level. "Now Carolyn and I can ask what works for Gisborne and do that," says Geoff. The support from locals has been fantastic and that motivates the couple to support Tairāwhiti initiatives. "We want to be able to give back to the local community because they are supporting us. Being local now means we can and really do feel we are part of a wider community."

They target specific organisations to support,

like sports and community health services. He is a big believer in team sports giving structure and discipline to young people coming through and that it can make a meaningful difference to their life. The support of Hospice Tairāwhiti is based on personal experience. In 2013 Carolyn's mother died of cancer. Carolyn says Hospice in Hawkes Bay were fantastic. "I couldn't have managed without their support," she says. "It was fantastic, so to give back to the organisation is important to us. It's phenomenal the service they provide to everyone in a difficult time." Even before owning Mitre 10 Geoff and Carolyn identified Hospice as an organisation they wanted to support because, they say it is such a great organisation. On moving to Gisborne, Geoff and Carolyn started supporting Hospice Tairāwhiti with an annual fundraising event. Last year's raffle was



Geoff and Carolyn Taylor

the most successful yet due to a partnership between Hospice and Mitre 10 staff. "That's part of the ethos we have – it's about being part of the community and Mitre 10 staff are happy to pitch in." According to Geoff and Carolyn, one of the benefits of owning their own business is directing efforts to organisations that align with their values and that have a personal connection with. Hospice Tairāwhiti is the perfect fit.

Businesses drive donations

Wondering how you can support Hospice Tairāwhiti in your everyday spending?

Here are two local businesses where your purchase will benefit Hospice. Together they donated over \$1,800 last year.

If you are a business owner and would like to do something similar KJ would love to hear from you - contact kj@hospicetairawhiti.org.nz



DONATES
\$5 for every new set of frames

Purchase a new set of frames, nominate Hospice Tairāwhiti and SpecSavers Gisborne will donate \$5.

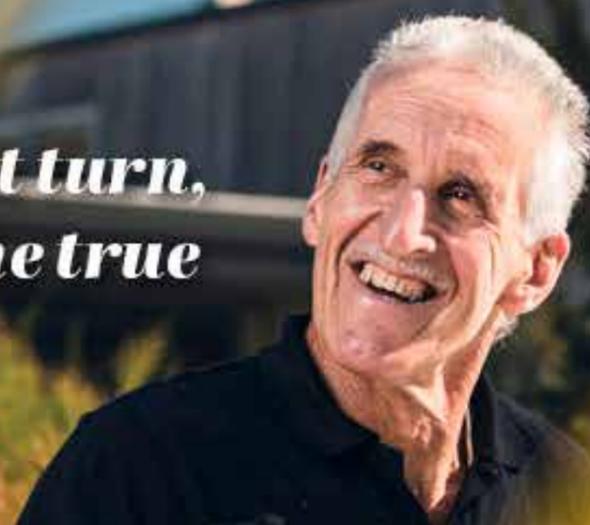


DONATES
\$5 for every Cooper tyre sold

TyrePower donate \$5 to Hospice Tairāwhiti from the sale of every Cooper tyre.

"When life takes that turn, that's when you see the true worth of hospice."

Simon - Fundraiser and Volunteer



Show your support for Hospice Awareness Week

16 - 22 May